

2019 Summer Camp Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6/11/19 WEEK 1		Salad Bar D Cheese Pizza A Corn on The Cob I Fresh Fruit Cups R A.M. Snack: Surprise Treat Y	Salad Bar D Mac & Cheese A Cucumber Chips I CHOCOLATE CHIP COOKIES R A.M. Snack: Milk & 100Cal Oreos Y	Salad Bar M Deli Sandwiches E Veggie Stix / Hummus A T A.M. Snack: Whole Fruits	Salad Bar M Hot Dogs E Edamame A Watermelon T A.M. Snack: Milk & Cereal
6/17/19 WEEK 2	Salad Bar M Spaghetti Meat Sauce E Garlic Bread A Green Beans T A.M. Snack: Bagel CC Jelly	Salad Bar D Cheese Pizza A Veg & Pasta Salad I Orange Wedges R A.M. Snack: Surprise Treat Y	Salad Bar D Quesadillas with sides A Chips & Salsa I BIRTHDAY CAKE R A.M. Snack: Milk & 100Cal Oreos Y	Salad Bar M Deli Sandwiches E Veggie Stix / Hummus A SNOW CONES T A.M. Snack: Whole Fruits	Salad Bar M Chicken Nugget Pitas E Baked Potato Wedges A T A.M. Snack: Milk & Cereal
6/24/19 WEEK 3	Salad Bar M Crunchy Chicken Tacos E Seasoned Rice A T A.M. Snack: Bagel CC Jelly	Salad Bar D Scrambled Eggs A Pancakes I Fresh Fruit Cups R A.M. Snack: Surprise Treat Y	Salad Bar D Pasta Marinara A Zucchini Noodles I R A.M. Snack: Milk & 100Cal Oreos Y	Salad Bar D Toasted Cheese Sandwiches A Veggie Stix / Hummus I ICE CREAM R A.M. Snack: Whole Fruits Y	Salad Bar M Hamburgers E Chips A FROZEN GRAPES T A.M. Snack: Milk & Cereal
7/1/19 WEEK 4	Salad Bar M Stir-fry Chicken & Veggies E Teriyaki Noodles A T A.M. Snack: Bagel CC Jelly	Salad Bar D Cheese Pizza A Edamame I YOGURT & TOPPINGS BAR R A.M. Snack: Surprise Treat Y	Salad Bar D Mac & Cheese A Cucumber Chips I SURPRISE DESSERT R A.M. Snack: Milk & 100Cal Oreos Y	CLOSED JULY 4th	Salad Bar M Hot Dogs E Chips A Watermelon T A.M. Snack: Milk & Cereal
7/8/19 WEEK 5	Salad Bar M BBQ Chicken E Rice Pilaf A Steamed Veggies T A.M. Snack: Bagel CC Jelly	Salad Bar D Cheese Pizza A Veg & Pasta Salad I Orange Wedges R A.M. Snack: Surprise Treat Y	Salad Bar D Quesadillas with sides A Chips & Salsa I BIRTHDAY CAKE R A.M. Snack: Milk & 100Cal Oreos Y	Salad Bar D Veggie Bagel Melts A Baked Sweet Potato Wedges I FROZEN BANANAS R A.M. Snack: Whole Fruits Y	Salad Bar M Chicken Nugget Pitas E Edamame A T A.M. Snack: Milk & Cereal
7/15/19 WEEK 6	Salad Bar M Crunchy Chicken Tacos E Seasoned Rice A T A.M. Snack: Bagel CC Jelly	Salad Bar D Scrambled Eggs A Pancakes I Fresh Fruit Cups R A.M. Snack: Surprise Treat Y	Salad Bar D Pasta Marinara A Zucchini Noodles I R A.M. Snack: Milk & 100Cal Oreos Y	Salad Bar D Toasted Cheese Sandwiches A Veggie Stix / Hummus I ICE CREAM R A.M. Snack: Whole Fruits Y	Salad Bar M Hamburgers E Chips A FROZEN GRAPES T A.M. Snack: Milk & Cereal
7/22/19 WEEK 7	Salad Bar M Spaghetti Meat Sauce E Garlic Bread A Green Beans T A.M. Snack: Bagel CC Jelly	Salad Bar D Cheese Pizza A Corn on The Cob I Fresh Fruit Cups R A.M. Snack: Surprise Treat Y	Salad Bar D Bean/Cheese Burrito A Chips & Salsa I CHOCOLATE CHIP COOKIES R A.M. Snack: Milk & 100Cal Oreos Y	Salad Bar M Deli Sandwiches E Veggie Stix / Hummus A T A.M. Snack: Whole Fruits	Salad Bar M Hot Dogs E Chips A SURPRISE DESSERT T A.M. Snack: Milk & Cereal

Available Daily:
Wheat Bread
Jelly – Wow Butter
Bananas / Apples / Oranges

Salad Bar:
Lettuce / Tomatoes / Cucumbers
Chickpeas / Black Olives
Tuna / Egg Salads