



Monday 01/21

Tuesday 01/22

Wednesday 01/23

Thursday 01/24

Friday 01/25

Lunch



DAIRY LUNCH

- Jalapeño Tomato Bisque
- Hearty Vegetarian Posole

DAIRY LUNCH

- Tomato Florentine Soup with Parmesan
- Sautéed Mushroom & Onion Soup

MEAT LUNCH

- Hearty Vegetable Chili
- Beefy Noodle Soup

MEAT LUNCH

- Hot & Sour Tofu Soup with Mushrooms
- Winter Vegetable Soup



- Spiced Vegetable & Quinoa Salad with Lime Dressing
- Marinated Cherry Tomato Salad
- Grapefruit
- Cantaloupe

- Spinach & Orzo Salad
- Apple, Celery, & Red Onion Salad
- Pineapple
- Watermelon

- Barley & Cranberry Salad with Honey Mustard Vinaigrette
- Classic Potato Salad
- Cantaloupe
- Seedless Green Grapes

- Italian Pasta Salad
- Asian Mandarin Sesame Salad
- Assorted Fresh-Cut Fruit



- ● ● Dairy Deli Bar
- Creamy Tuna Salad

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- ● ● Meat Deli Bar
- Simple Egg Salad

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- Simple Egg Salad



- Bean Enchilada Casserole
- Two-Cheese Taco Flavored Quesadillas
- Mexican Confetti Rice
- Classic Calabacitas
- Steamed Collard Greens
- Citrus Steamed Vegetables

- Cheese Pizza
- Margherita Pizza
- Cremini Mushroom Risotto
- Colorful Steamed Snap Peas & Carrots
- Steamed Peas

- Shredded Chicken Tacos in Soft Corn Tortillas
- Baked Jerk Chicken Wings
- Buffalo Cauliflower, Garbanzo Bean & Quinoa Pita
- Steamed Garden Vegetables
- Chilled Edamame

- Red Curry Coconut Tofu & Vegetables
- Steamed White Rice
- Tomato-Basil Pasta
- Simple Steamed Bok Choy
- Steamed Carrots



- ● ● Quesadilla Time Toppings Bar

- ● ● Crudite Station
- Cucumber & Chickpea Hummus



- Cinnamon Sugar Breadsticks

