



Monday 01/28

Tuesday 01/29

Wednesday 01/30

Thursday 01/31

Friday 02/01

Lunch



MEAT LUNCH
● Chicken Noodle Soup
● Tomato & Red Bean Tortilla Soup

MEAT LUNCH
● Beef & Rice Soup with Vegetables
● Split Pea Soup

MEAT LUNCH
● Sautéed Mushroom & Onion Soup
● Loaded Vegan Black Bean Soup

DAIRY LUNCH
● Garden Vegetable Soup
● Classic Cream of Spinach Soup

DAIRY LUNCH
● Mushroom-Barley Soup
● Roasted Tomato Soup with Garlic & Basil



● Bulgur & Mint Salad with Grapefruit Vinaigrette
● Thai Edamame Salad
● Seedless Green Grapes
● Cantaloupe

● Quinoa & Green Grape Salad
● Cilantro-Lime Jicama Slaw
● Honeydew
● Grapefruit

● Roasted Broccoli, Mushroom, & Barley Salad
● Chickpea Salad with Tomato & Red Onion
● Pineapple
● Watermelon

● Green Bean & Red Onion Salad
● Sweet & Spicy Moroccan Couscous Salad
● Cantaloupe
● Seedless Green Grapes

● Vegetable & Israeli Couscous Salad
● Broccoli & Cranberry Quinoa Salad
● Assorted Fresh-Cut Fruit



●●● Meat Deli Bar
● Simple Egg Salad

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●●● Meat Deli Bar
● Simple Egg Salad

●●● Dairy Deli Bar
● Creamy Tuna Salad

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● Creamy Tuna Salad



● Sticky Ginger Chicken
● Brown Rice
● Green Curried Tofu & Vegetables
● Steamed Garden Vegetables
● Crisp Steamed Green Beans

● Turkey Sloppy Joes
● Sweet & Spicy Garlic Sweet Potato Wedges
● Sautéed Portobello & Veggie Pita
● Roasted Rosemary Root Vegetables
● Simple Steamed Broccoli

● Chicken Pot Pie with Puff Pastry
● Hearty Mashed Potatoes
● Spaghetti with SAGE-Made Marinara
● Sautéed Mixed Veggies
● Steamed Spinach

● Baked Tilapia with Capers
● Roasted Vegetable Couscous
● French Bread Pizza
● Braised Cabbage
● Steamed Carrots

● Barilla Bow-Tie Pasta
● Pesto Pasta Alfredo
● SAGE-Made Marinara Sauce
● Steamed Spaghetti Squash
● Sautéed Portobellos with Tricolor Peppers
● Steamed Peas
● Balsamic Tomato Bruschetta



● Classic Chocolate Cake

SAGE Signature Service

